

KIMBERLY RICHARDSON 6th DAN

at **NORTHCOAST AIKIDO**



NOVEMBER 9-11th

Friday 6:00-8:00pm ~ Saturday 10:00-12:00 & 2:30-4:30

Sunday 10:00-12:00

Three-day seminar: \$135

Friday only: \$40 Saturday only: \$75 (or \$40 for one class)

Sunday only: \$40

Kimberly Richardson Sensei, 6th dan, is Chief-Instructor of Two Cranes Aikido in Seattle, WA. Over the course of her training, she has studied in the United States, Canada, Europe and Japan, most notably with Mary Heiny Sensei, Anno Shihan, Saotome and Ikeda Shihan, and Dobson and Read Senseis. Her goal is to advance the common good by integrating O Sensei's practices of compassion and applied non violence. Please welcome Kimberly Sensei to Arcata!



NORTHCOAST AIKIDO a non-profit, educational organization
890 G St, Arcata, CA 95521 www.northcoastaikido.org 707-826-9395