



Seattle Bridge Seminar

Aikido Northshore & Two Cranes Institute

welcome

**Hiroshi Ikeda, Mary Heiny, Michael Friedl
Lee Crawford, Kimberly Richardson, Josh Drachman**

**Save the Date!
SEPTEMBER 14-17, 2017**

Training will begin at 6:30 pm, Thursday evening and end at noon on Sunday.

All classes will be held at Two Cranes Aikido * 8512 20th Ave NE, Seattle, WA (206) 523-5503.