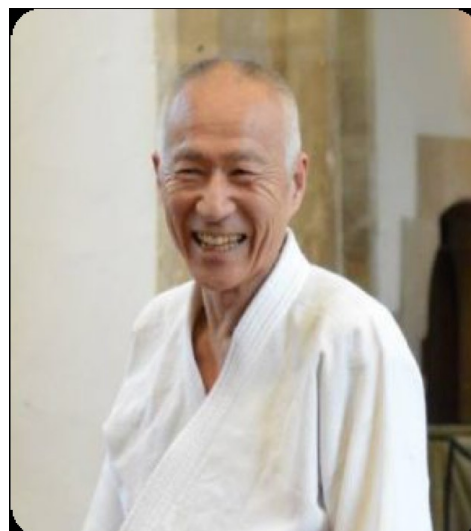


Emerald City Aikido and Two Cranes Aikido
Are pleased to invite you to a seminar with
Nakao Shingo, 7th Dan Aikikai
May 4 - 7 2019

Nakao Shingo Sensei ,7th Dan Aikikai, is the head of Seibukan Dojo in Kobe, Japan, and the Chairman of Hyogo Prefecture Aikido Association. His major teacher and mentor was Yamaguchi Sensei who strongly influenced his relaxed, powerful and harmonious style. For the past 40 years he has studied under Endo Sensei. We are honored to have his warm and joyful instruction in Seattle this spring.



Emerald City Aikido

Saturday May 4th

12:30 - 1:30 pm

3:30—5:00 pm

Monday May 6th

6:30 - 8:00 pm

604 19th Ave E. Seattle 98112

Two Cranes Aikido

Sunday May 5th

3:00 - 4:30 pm

5:00 - 6:30 pm

Tuesday May 7th

6:30 - 8:00

8512 20th Ave NE Seattle 98115

Fees:

Saturday and Sunday \$150.

Saturday or Sunday Only \$ 80

Weekend Single Class \$40.

Weekday Evening Classes

\$25. Suggested Donation

Pre registration encouraged @ www.emeraldcityaikido.com

Questions to emeraldcityaikido@gmail.com