

TWO CRANES AIKIDO
A PROGRAM OF TWO CRANES INSTITUTE

Celebrating the New Year!



DECEMBER 31, 2019 ~ NEW YEAR'S EVE

Misogi Cleaning 4 - 5 pm

Candlelight Training 5 - 6 pm

JANUARY 1, 2020 ~ NEW YEAR'S DAY CELEBRATION

12:00 - 1:15 pm Training

**with Mary Heiny &
Kimberly Richardson Senseis**

1:15 - 1:30 pm

Rank Promotion Demonstration & Ceremony

***All adults, teens & children with an orange belt and up
are welcome to train.***

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