

Two Cranes Aikido Aiki Sword Intensive

Open to kyu students and black belts familiar with basic sword.

August 21, 2016
2:30 pm - 4:30 PM

The study of Aiki sword is the study of Aikido movement and intent.

In this intensive, we will use kumitachi (paired sword practices), tachi-dori (sword taking), and two sword practices to explore where sword movements originate in the body and their relationship with open hand technique. Two sword techniques will be included.



Instructor: Greg Mock Sensei began his study of Aikido in 1972 with Frank Doran Sensei and later became a founding member and instructor at North Bay Aikido in Santa Cruz, CA. He trained with Saotome Sensei and taught at Aikido Shobukan Dojo 1995-2010. He has been an instructor at TCA beginning in 2010 to the present.

Fee: \$30

Minimum of 6, Maximum 14 for attendance.

Pre-registration encouraged. Visitors from other dojos welcome to join